

“The Lord is Watching”

Psalms 121

Psalms 121

1) I will lift up mine eyes unto the hills, from whence cometh my help. 2) My help cometh from the LORD, which made heaven and earth. 3) He will not suffer thy foot to be moved: he that keepeth thee will not slumber. 4) Behold, he that keepeth Israel shall neither slumber nor sleep. 5) The LORD is thy keeper: the LORD is thy shade upon thy right hand. 6) The sun shall not smite thee by day, nor the moon by night. 7) The LORD shall preserve thee from all evil: he shall preserve thy soul. 8) The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.

Matthew Henry

Some call this the soldier's psalm, and think it was penned in the camp, when David was hazarding his life in the high places of the field, and thus trusted God to cover his head in the day of battle. Others call it the traveller's psalm (for there is nothing in it of military dangers) and think David penned it when he was going abroad, and designed it *pro vehiculo—for the carriage*, for a good man's convoy and companion in a journey or voyage.

Matthew Henry

But we need not thus appropriate it; wherever we are, at home or abroad, we are exposed to danger more than we are aware of; and this psalm directs and encourages us to repose ourselves and our confidence in God, and by faith to put ourselves under his protection and commit ourselves to his care, which we must do, with an entire resignation and satisfaction, in singing this psalm. I. David here assures himself of help from God, ver. 1, 2. II. He assures others of it, ver. 3-8.

“The Lord is Watching”

- He is the Creator
– Psalms 121:1-2

He is the Creator

Psalms 121:1-2

- 1) I will lift up mine eyes unto the hills, from whence cometh my help.
- 2) My help cometh from the LORD, which made heaven and earth.

God Created the Hills

Psalms 95:3-4

- 3) For the LORD is a great God, and a great King above all gods.
- 4) In his hand are the deep places of the earth: the strength of the hills is his also.

God is Our Salvation

Jeremiah 3:23

- 23) Truly in vain is salvation hoped for from the hills, and from the multitude of mountains: truly in the LORD our God is the salvation of Israel.

Man Seeks Refuge in the Hills

Luke 23:30

- 30) Then shall they begin to say to the mountains, Fall on us; and to the hills, Cover us.

**Man Recognizes the Creation,
Yet Denies the Creator**

Romans 1:24-25

24) Wherefore God also gave them up to uncleanness through the lusts of their own hearts, to dishonour their own bodies between themselves:

25) Who changed the truth of God into a lie, and worshipped and served the creature more than the Creator, who is blessed for ever. Amen.

“The Lord is Watching”

- **He is the Creator**
– Psalms 121:1-2
- **He is the Sovereign King**
– Psalms 121:3-4

He is the Sovereign King

Psalms 121:3-4

**3) He will not suffer thy foot to be moved:
he that keepeth thee will not slumber.**

**4) Behold, he that keepeth Israel shall
neither slumber nor sleep.**

The Eternal Throne

Hebrews 1:8

8) But unto the Son he saith, Thy throne, O God, is for ever and ever: a sceptre of righteousness is the sceptre of thy kingdom.

God is Always Present

Psalms 46:1

1) God is our refuge and strength, a very present help in trouble.

The Helper Will Not Forsake

Hebrews 13:5-6

5) Let your conversation be without covetousness; and be content with such things as ye have: for he hath said, I will never leave thee, nor forsake thee.

6) So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me.

Good for HIS Purpose

Romans 8:28

28) And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

He is Not Slack

2 Peter 3:8-9

8) But, beloved, be not ignorant of this one thing, that one day is with the Lord as a thousand years, and a thousand years as one day.

9) The Lord is not slack concerning his promise, as some men count slackness; but is longsuffering to us-ward, not willing that any should perish, but that all should come to repentance.

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 - Psalms 121:3-4
- He is the Protector
 - Psalms 121:5-6

He is the Protector

Psalms 121:5-6

- 5) The LORD is thy keeper: the LORD is thy shade upon thy right hand.
- 6) The sun shall not smite thee by day, nor the moon by night.

God Protects

Isaiah 32:1-2

- 1) Behold, a king shall reign in righteousness, and princes shall rule in judgment.
- 2) And a man shall be as a hiding place from the wind, and a covert from the tempest; as rivers of water in a dry place, as the shadow of a great rock in a weary land.

He Keeps the Committed

2 Timothy 1:12

- 12) For the which cause I also suffer these things: nevertheless I am not ashamed: for I know whom I have believed, and am persuaded that he is able to keep that which I have committed unto him against that day.

He is Our Shepherd

John 10: 14-15

- 14) I am the good shepherd, and know my *sheep*, and am known of mine.
- 15) As the Father knoweth me, even so know I the Father: and I lay down my life for the sheep.

The Lord is Strength

Psalms 18:1-3

- 1) I will love thee, O LORD, my strength.
- 2) The LORD is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower.
- 3) I will call upon the LORD, who is worthy to be praised: so shall I be saved from mine enemies.

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 - Psalms 121:3-4
- He is the Protector
 - Psalms 121:5-6
- He is the Soul Preserver
 - Psalms 121:7-8

He is the Soul Preserver

Psalms 121:7-8

7) The LORD shall preserve thee from all evil: he shall preserve thy soul.

8) The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.



The Preserver of Men

Job 7:20

20) I have sinned; what shall I do unto thee, O thou preserver of men? why hast thou set me as a mark against thee, so that I am a burden to myself?

Depart From Evil, and Preserve the Soul

Proverbs 16:17

17) The highway of the upright is to depart from evil: he that keepeth his way preserveth his soul.

He Preserves the Soul

Psalms 97:10

10) Ye that love the LORD, hate evil: he preserveth the souls of his saints; he delivereth them out of the hand of the wicked.

Preserved in Jesus Christ

Jude 1

1) Jude, the servant of Jesus Christ, and brother of James, to them that are sanctified by God the Father, and preserved in Jesus Christ, and called:

Jesus Preserves the Soul

John 1:4

4) In him was life; and the life was the light of men.

John 11:25

25) Jesus said unto her, I am the resurrection, and the life: he that believeth in me, though he were dead, yet shall he live:

John 14:6

6) Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

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